



## Mighty Eagle Cafe

**SCHOOL INFORMATION:**  
\*Menu subject to change upon availability!



## BREAKFAST MENU August-December 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<u>Saus. Biscuit</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Mini Pancakes</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Ham/Egg Taco</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Honey Bun</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Sausage Roll</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo
2	<u>Saus Croissant</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Assorted Muffins</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Potato/Egg Taco</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Cinnamon Roll</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Ham/Cheese Bar</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo
3	<u>Saus/Egg Taco</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Mini Waffles</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Ham/Ch Croissant</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Cereal Bars</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Grilled Cheese</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo
4	<u>Breakfast Pizza</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Eagle Donut</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Beef Tamales</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>French Toast</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo	<u>Pancake Wrap</u> Asst. Cereal Buttered Toast Assorted Fruit Fruit Juice Milk Duo

### DAILY SELECTIONS



#### ENTREES

- \*Menu Item
- \*Variety Cereal
- w/Toast
- \*Yogurt Parfait
- w/Granola



#### BEVERAGES

- Orange Juice
- Apple Juice
- 1% White Milk
- 1% Str Milk
- Non Fat Choc.



#### OTHER

- Fresh Fruit
- Fruit Smoothies



## Calendar of Cycle Menu

August 2018							September 2018							October 2018							November 2018							December 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
26	27	28	29	30	31		23/30	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		23/30	24/31	25	26	27	28	29

■ Week 1 Menu  
 ■ Week 2 Menu  
 ■ Week 3 Menu  
 ■ Week 4 Menu  
 ■ No School/Holiday  
 ■ Staff Day/Tutorials



## Mighty Eagle Cafe

### SCHOOL INFORMATION:

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Entrees listed will be offered with menu item.



## LUNCH MENU August-December 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<u>Chicken Nuggets</u> <u>Ckn Fried Steak</u> Mashed Potatoes Corn on the Cob Sliced Bread Assorted Fruit Milk Duo	<u>Beef Tacos</u> <u>Chicken Quesadilla</u> Lett/Tom/Cheese Pinto Beans Spanish Rice Assorted Fruit Milk Duo	<u>Pepperoni Pizza w/Hot Wings</u> Baked Fries Celery Sticks Baby Carrots Assorted Fruit Milk Duo	<u>Spaghetti w/Meat</u> <u>Beef Lasagna</u> Confetti Salad Sweet Peas Sautéed Mushrooms Garlic Breadstick Assorted Fruit Milk Duo	<u>Hot Dog</u> <u>Frito Pie</u> Tater Tots Golden Corn Shredded Cheese Assorted Fruit Milk Duo
<b>2</b>	<u>Salisbury Steak</u> <u>Popcorn Chicken</u> Baked Fries Green Beans Mac & Cheese Assorted Fruit Milk Duo	<u>Beef Enchiladas</u> <u>Chicken Tacos</u> Lett/Tom/Cheese Mixed Vegetables Pinto Beans Spanish Rice Assorted Fruit Milk Duo	<u>Chicken Alfredo</u> <u>Beef Ravioli</u> Confetti Salad Carrot Coins Sautéed Mushrooms Garlic Breadstick Assorted Fruit Milk Duo	<u>Meatball Hoagie</u> <u>Beef Steak Sliders</u> Tater Tots Corn on the Cob Sweet Peas Assorted Fruit Milk Duo	<u>Baked Chicken</u> <u>Riblet on a Bun</u> ½ Baked Potato Baby Carrots Broccoli Rice Sliced Bread Assorted Fruit Milk Duo
<b>3</b>	<u>Meat Loaf</u> <u>Steak Fingers</u> Mashed Potatoes Carrot Coins Sliced Bread Assorted Fruit Milk Duo	<u>Ckn/Beef Fajitas</u> <u>Tamales</u> Lett/Tom/Cheese Pinto Beans Spanish Rice/Tortilla Assorted Fruit Milk Duo	<u>Orange Chicken</u> <u>Beef w/Broccoli</u> Egg Roll Jap. Vegetables Fried Rice/Cookie Assorted Fruit Milk Duo	<u>Cajun Ckn Pasta</u> <u>Grilled Ckn Burger</u> Lettuce & Tomato Corn on the Cob Baked Chips/Toast Assorted Fruit Milk Duo	<u>Turkey w/Gravy</u> Mashed Potatoes Cinnamon Yams Buttered Squash Green Beans Buttered Roll Assorted Fruit Milk Duo
<b>4</b>	<u>Crispitos</u> <u>Philly Bkd Potato</u> Confetti Salad Carrot Coins Mac & Cheese Assorted Fruit Milk Duo	<u>Carne Guisada</u> <u>Beef Nachos</u> Lett/Tom/Cheese Pinto Beans Spanish Rice/Tortilla Assorted Fruit Milk Duo	<u>Chicken Strips</u> <u>Pizza Stick w/Sauce</u> Baked Fries Golden Corn Mixed Vegetables Sliced Bread Assorted Fruit Milk Duo	<u>Sausage Wrap</u> <u>BBQ on Bun</u> Ranch Beans Broccoli & Cheese ½ Sweet Potato Assorted Fruit Milk Duo	<u>Chicken Burger</u> <u>Corn Dog</u> Lett/Tom/Pickles Tater Tots Celery w/PB Assorted Fruit Milk Duo

### Secondary Campus OTHER DAILY SELECTIONS

- Deli Line**
- Sandwiches: (3 Daily)**
- Ham/Cheese
  - Turkey/Cheese
  - Tuna
  - Chicken Salad
  - PB & Jelly
- Salads:**
- Chef Salad
  - Pasta Salad
- Other:**
- Yogurt Plate
  - Lunchables
  - Chicken Soup

### Grab & Go Line

- Hamburger
- Sliders
- Chicken Burger
- Hot Ckn Burger
- Hot Dog
- Pizza
- Corn Dog
- Sausage Wrap



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12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
26	27	28	29	30	31	23	/	24	25	26	27	28	29	28	29	30	31	25	26	27	28	29	30	23	24	/	/	25	26	27	28	29		
							30																			30	31							

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